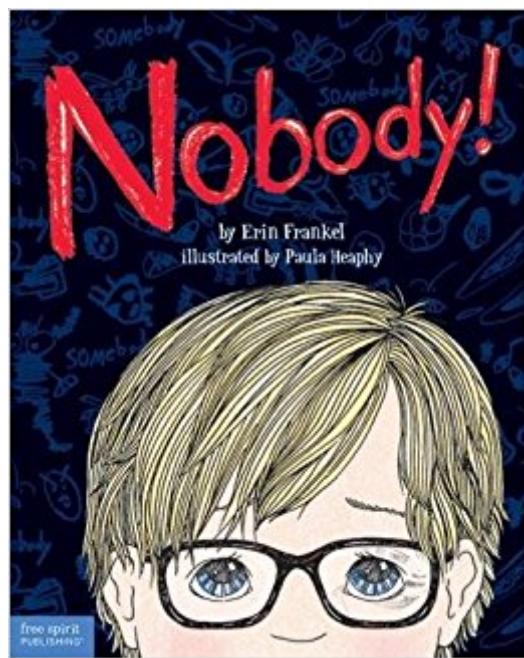


The book was found

# **Nobody!: A Story About Overcoming Bullying In Schools**



## Synopsis

Thomas feels like no matter what he does, he can't escape Kyle's persistent bullying. At school, at soccer • nowhere feels safe! "Mom said Kyle would grow over the summer and stop picking on me, but he didn't grow up, he just grew." • With support from friends, classmates, and adults, Thomas starts to feel more confident in himself and his hobbies, while Kyle learns the importance of kindness to others. The book concludes with activity club pages for kids, as well as information to help parents, teachers, counselors, and other adults foster dialogue with children about ways to stop bullying.

## Book Information

Lexile Measure: AD320L (What's this?)

Hardcover: 48 pages

Publisher: Free Spirit Publishing (April 28, 2015)

Language: English

ISBN-10: 1575424959

ISBN-13: 978-1575424958

Product Dimensions: 0.5 x 8 x 10 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 13 customer reviews

Best Sellers Rank: #782,779 in Books (See Top 100 in Books) #107 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Dysfunctional Relationships #226 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse #768 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Bullies

Age Range: 5 - 9 years

Grade Level: Kindergarten - 4

## Customer Reviews

Gr 1-3 • This straightforward picture book tackles the issue of bullying. Thomas feels bad about himself because Kyle keeps putting him down ("Nobody cares about your stupid bug collection, Thomas."). The situations depicted here are realistic and will provide many opportunities for discussion among students. Kyle is portrayed not merely as a bully but rather as someone who also needs help coping with his feelings. The story ends on a hopeful note, with Thomas deciding to stand up for himself and Kyle beginning to realize that his behavior is alienating

others. Realistic illustrations, which emphasize the expressions on the characters' faces, complement the text well. Back matter reinforces the concepts demonstrated in the story, and there is also information for adults on how to start a conversation on bullying. VERDICT A solid selection for educators and caregivers helping kids cope with this issue. —Laura Stanfield, Campbell County Public Library, Ft. Thomas, KY

Heaphy does an excellent job portraying emotions through facial expressions and posture . . . The backmatter is especially valuable, breaking down the actions that Thomas, his friends, and Kyle took to help end the bullying, giving ideas about combating bullying and thinking differently about oneself, and providing parents with constructive discussion questions. —Kirkus Reviews

“Nobody! acknowledges the isolating and painful effects of bullying, while letting children know that they are not alone. This book offers a holistic view of bullying prevention that recognizes the needs of all of the children involved, including the target, bystanders, and the child who is bullying. Using simple, yet powerful language, Nobody! helps children embrace what makes them special and unique, and provides positive steps to help stop bullying in their schools. It’s a great tool to help start conversations about kindness, empathy, and acceptance. —Julie Hertzog, director of PACER’s National Bullying Prevention Center

“Many books about bullying encourage self-confidence and compassion, but Erin Frankel and Paula Heaphy take it a step further in Nobody! by showing the thoughts and feelings of a bullied child over time as he learns how to approach the situation . . . A perfect addition to classrooms and homes. —Foreword Reviews

“Nobody! A Story About Overcoming Bullying in Schools is chock-full of practical and sound strategies to combat the damage that bullying does. I heartily recommend it! —David Walsh, Ph.D., psychologist, parenting expert, and best-selling author

As a therapist that does many groups with youth, I’m always looking for books that can hone in on certain topics and bullying is a big one. This book has great graphics and the story is phenomenal. I’ve primarily used this book with tweens and it always gets a great response from the group members and really gets the discussion going.

I absolutely love this book! The story of Thomas realistically illustrates what kind of bullying happens in school. My professional goal is to be proactive in bullying prevention because it’s much more effective than being reactive when bullying occurs. I am using this story for my 3rd grade lesson

plan in bullying prevention. Not does it cover the theme of social injustice, but it will address the standard of character descriptions and motivations.

Great book to showcase bullying, and loved that it had discussion questions at the end.

Great book! I have really loved reading this to some of my classrooms (I am a school counselor). It is also easy to build a guidance lesson around, use in classroom meetings or just to open discussion. I highly recommend it.

A wonderfully written book. A step by step guide on how to overcome bullying.

Helps the people who would benefit from reading this book.

Great book! A must have for school counselors.

This is a fantastic book that I recommend for all kids to read. It is great for kids who are bullied, for kids whose friends are being bullied and for kids who are doing the bullying. Thomas is being bullied by Kyle and we see through the progression of the book how it is affecting Thomas, his friends, his family, and even Kyle. I love the layout of the book. On each page, Thomas tells us a little bit about how Kyle treats him and how he feels about it. The illustrations add to the story because we "see" what Thomas is dealing with in a comic book style, if that makes sense. There is usually a box that the illustration is in and it includes dialogue bubbles that show us how the characters interact with each other. The illustrations in this book really add to the overall story and feeling of the book. I loved how the illustrator drew attention to specific characters at times by coloring them in while the other characters in the scene were left uncolored. The lessons that can be learned don't stop with the end of the book. There are discussion questions at the end that challenge the child to determine which character he is most like and what he can do to change the situation. It is pointed out that telling an adult about bullying is not the same as tattling. The child is invited to be part of "Team Somebody," which gives specific suggestions for kids to make a difference in their lives and in the lives of others around them. I am so glad that NetGalley approved me for this book. I plan to read more by this author and to also look for books done by the illustrator. I know that they have done other books together; they make a great team.

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